**Curriculum Vita**

Dr. Zenat Ahmed Khired

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**Current position:**

* Assistance professor orthopedic, hip and knee Arthroplasty
* Head of Basic Medical Sciences, Princes Nourah bint Abdulrahman University, Riyadh. Kingdome of Saudi Arabia Since 2016
* Block chair of orthopedic block (Surg452)

**Educational Qualifications:**

18-04-2016 Assistance professor orthopedic, Head of

basics sciences till the current date

2012-2014 Trauma and Arthroplasty orthopedic

consultant at king Fahad general

hospital, Jeddah .

2011 –2012 Hip and knee arthroplasty Fellowship at

Toronto western hospital (UHN).

2004 - 2009 Residency in Orthopedics in Western

province, Saudi Arabia

2001-2002 Internship King AbdulAziz university

Hospital, Jeddah, KSA

1995-2001 Bachelor of Surgery& Bachelor of

Medicine (MBBS) King AbdulAziz

University, Jeddah,

**Registration:**

* Full registration of Saudi Orthopedic Association
* Member at SICOT
* Member at American Academy of orthopedic Surgeon
* Member at Orthopedic trauma association
* Members at ICJR
* Member at ISAKOS

**Publication**

-Total hip Arthroplasty in Ankylosing Spondylitis , Abstract at Rconstructive Review Joutrnal ,July 2014

-Zenat A Khired. Relationship between Radiographic Grading of Knee Osteoarthritis and Functional Limitation in Elderly Patients. Med - Clin Res & Rev. 2017; 1(1): 1-8.

- Khired Z. The influence of improvement in pain and function after total knee replacement in patients satisfaction. J Clin Res Pharm. 2018;1(1):7-4

**Paper/ Symposium presentation**

17-20th Nov 2017 7th international conference of Saudi orthopedic

association Jeddah ,KSA

Jullay 2017 10th international Orthopaedic symposium , Kuallalumbour,

Malysia.

Nov 2015 **T**he 19th international congress of the pan

arab orthopedic association ,Beirut, Lebanon

Jullay 2015 The pan pacific ICJR , Hawaii,Kona, USA

March 2014 The 6th International Conference of Saudi Orthopedic

Association, Riyadh ,KSA

March 2014 **Contributors** at AO Trauma Course –Basic Principles of

Fracture Management, Jeddah ,Saudi Arabia

May 2014 Updates in Orthopedic Surgery Symposium (Hip and Knee

Arthroplasty ) Jeddah ,KSA.

January 2014 Speaker at 10th Middle east Orthopedic Conference, dubai

,UAE

November 2013 Highlighting the role of the primary Health care physician in

diagnosing and managing Surgical cases Jeddah

## **Conferences:**

March 28-30, 2017 Research Methodology Workshops Series, Health Sciences

Research Center at PNU, Riyadh, KSA

March 2017 Writing a scientific research paper, PNU, Riyadh

February 16, 2017 Statistics and Methodolgy, Health Sciences

Research Center at PNU, Riyadh, KSA

February 2017 Scientific writing Skills, Health Sciences

Research Center at PNU, Riyadh

February 08, 2017 Flipping lectures Hand on Training KSU, Riyadh

January 12, 2017 How to write blue print, PNU, Riyadh, KSA

January Statistics Made Easy PNU, Riyadh, KSA

January 11, 2017 Critical Appraisal ( Clinical trial) PNU.KSA

November 2016 The Anatomy of Behavioral Objectives, PNU

Riyadh,KSA

October 2016 AO Trauma Masters Course –Lower Limb, Dubai ,UAE

September 2016 Research Methods seminars KSU, Riyadh(session 1)

September 2016 Becoming a Problem-Based Learning Facilitator

Workshop KSU ,Riyadh

August 2016 Research Methods Training Summer Course (using

patents’ data for medical research) King Saud

University ,Riyadh, Saudi Arabia

May 2016 Saudi health Exhibtion & conferences ,Riyadh ,KSA

March 2016 5th International Conference on Vitamin D Deficiency

and human health

November 2014 6-Day Mulligan Concept Course (part-A& B) Jeddah

,KSA

April 2014 Master class Knee (difficult Primary and Reviision )

Jeddah,KSA.

January 2014 Shoulder – From Symptoms to Management Course

and workshop . Jedddah ,KSA.

December 2013 5th Annual International Conferen ce of the Egyptian

Orthopaedic Association,.Cairo ,Egypt

December 2013 3rd Spin Update Conference 3-4 Jeddah ,KSA

June 2013 PERI-LOC LE Plating System , ,Hamburg,Germany

May 2013 ICJR middle East , Dubai ,UAE

February 2012 AAOS annual meeting , Sanfracisco ,USA

November 2011 Current concepts in fracture care , Toronto, Ontario

November 2011 34th annual general meeting of the Ontario

Orthopedic association ,Cananda

May 2011 6TH Evidence Based Medicine , Jeddah.

January 2011 Madinah Knee Surgery conference and workshop

Maddinah KSA

February 2010 Deep Vein Thrombosis Awareness Day & WorkShop

January 2009 The 2nd Saudi orthopedic association international

conference

January 2009 The 4th Seminar & workshop on trauma

management

October 2008 2nd Extensive review course in orthopedics,

Jeddah,KSA

October 2008 World day of osteoporosis ,Jeddah, Saudi Arabia

Jannuary 2008 The 4th Makkah International orthopedic & trauma

Conference, Makkah Saudi Arabia.

May 2007 Sport Symposium, Jeddah, Saudi Arabia

November 2007 Orthokids international symposium, Riyadh, Saudi

Arabia

September 2006 International Symposium on hip & knee

Arthroplasty

November 2006 1st Saudi orthopedic Trauma Symposium

februray 2006 Endoscopy in orthopedics

March 2005 2nd KSU Intrnational Orthopedic symposium

January 2005 Emergency Medicine & trauma management

March 2005 2nd KSU International Orthopedics symposium

October 2004 Advanced Seminar with workshops on operative

fracture management

October 2003 Mathys –Synthes Training Course on principles of

operative fracture treatment & Mathys Total hip

replacement system

June 2002 Participation in completion of the fellowship Exame

of the Royal college of surgeons in Ireland in

Jeddah